**Culture, Health and Healing (ANTH 325)**

Fall Quarter 2017

MWF – 11:30 – 12:35

Dr. Charles Klein

Office Hours: MW 12:50 – 1:50

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This course is an introduction to the anthropological study of health. Our presentations, films and guest speakers highlight ethnomedical, critical, interpretative, biocultural, and applied approaches. By studying these different perspectives, you will be able to develop a toolkit that meets your professional and personal needs.

We begin by looking at the ways different cultures – and diverse individuals within given cultures – experience illness, health and healing. Next, we examine medical pluralism – the ways in which individuals combine different health/healing systems in their lives. We then consider how structural factors generate health disparities in US and global contexts. Our final unit focuses on healthy communities and efforts to improve the quality of urban life.

A hallmark of medical anthropology is helping alleviate suffering and reducing health disparities. So we will focus on how medical anthropologists have played in responding to public health issues, including your developing a 60-second long Public Service Announcement (PSA) health promotion video.

**Course Learning Objectives**

By the end of the course students will understand:

* Cross-cultural variation in health/healing systems
* The relationship between the environment and health
* The interconnections between culture, health and political economic factors
* The role of anthropologists in shaping health-care practices and public policies
* The challenges and opportunities of working in a highly politicized field like health
* The different theoretical and methodology approaches of anthropologists working on health issues
* Techniques to convey health promotion information to target audiences

**Course Materials**

Texts

Singer, Merrill & Hans Baer. 2012. *Introducing Medical Anthropology, 2nd Edition*. Lanham, MD: AltaMira Press.

Garcia, Angela. 2010. *The Pastoral Clinic: Addiction and Dispossession along the Rio Grande*. Berkeley and Los Angeles, CA: University of California Press.

There are also five required articles available through D2L.

D2L (Desire to Learn)

The course syllabus, article readings, assignment instructions, reading terms and questions, and exam short answer terms and essay questions will be available on D2L. Use your Odin username and password to login to D2L at https://d2l.pdx.edu. Please feel free to contact me if you encounter difficulties in accessing this resource.

**Expectations & Assignments**

The course schedule is structured on the expectation that you will **read the readings before the class for which they are assigned**. And as my presentations are interactive, don’t be surprised if I call on you!

It is important for you to take good notes on the presentations, films and guest speakers. Taking notes will help you process the information and prepare you for your assignments and exams, which will require you to integrate course content in a creative and critical manner.

**Exam 1** (20%): (1) True/false and short answer sections to be answered in-class, and (2) a take-home essay covering the presentations, readings, films and guest speakers in the first half of the course. You will receive the terms and essay questions one week before the exam. The take-home essay must be **two to three pages long, double-spaced in 11 or 12 font with 1” margins**. The in-class part of the exam is closed book.

**Exam 2** (20%): Same format as Exam 1, but covering the lectures, readings, films and guest speakers in the second half of the course.

**Quizzes** (20%): There will be eight pop quizzes over the course of the quarter. Each quiz will have one question based on the readings for the day in which the quiz occurs. The question will be a version of one of the questions from the Reading Terms & Questions posted on D2L. Quizzes will be scored on a 0 – 4 basis, with 4 = excellent/A, 3 = good/B, 2 = fair/C, 1 = poor/D and 0 = no credit/F. You may drop you two lowest scores. There will be **NO MAKE-UP QUIZZES**.

**Four Critical Reflections** (20%): In Weeks 3, 5 and 9, you will submit a **critical reflection** (**one page, typed, double-spaced in 11 or 12 font**) that applies a **theoretical concept** from the readings to a contemporary health issue (see Weekly Critical Reflection Instructions on D2L). For Week 7, you will submit your reflection in graphic novel format, and I will explain how to do this in class. Critical reflections will be scored on a 0-100 scale based on (1) meeting the assignment parameters, (2) the clarity of your writing/graphic novel, and (3) the thoughtfulness of your analysis/narrative.

**Public Service Announcement Project** (20%): Over the course of the quarter, you will develop a Public Service Announcement (PSA) video on a current public health issue. You will be required to complete a series of tasks to lay the foundation for your PSA (see PSA Project instructions on D2L), each of which will be scored separately. The final product will be a 60-second long video with images and sound. You can use whatever software you like, so long as you can upload it into YouTube. We will watch all of the PSAs during the final week of classes. Attendance these views and discussing the PSAs during Week 10 is considered a part of the assignment, and students will lose points for not attending class on these days.

**Extra Credit** (5 points maximum = 5% of grade): (1) Attend a talk/event on a health and healing topic, or (2) watch a 30 to 60-minute long health-related video. Write a one page, single-spaced analysis that discusses the talk/event/video from the perspective of at least two concepts from course readings and presentations (1 points each, maximum 5 points). **TALKS/EVENTS AND VIDEOS MUST BE PREAPPROVED BY ME IN ORDER TO RECEIVE CREDIT.**

**Policies**

It’s normal to get sick, and each year flus and other illnesses spread through colleges and universities. If you feel ill (e.g. fever, sore throat, runny nose, headache, cough, aches), please stay home until you have been without fever for 24 hours without the use of fever-reducing medication. Please let me know through email about your illness. I will not penalize you in any way for illness-related absences, and you will have the opportunity to make up missed assignments.

**Late Assignments**. Except in cases of documented illness or emergency, (1) *late PSA projects* will lose five points each day overdue, (2) *late PSA project components* other than the final video will lose 1 point per each day overdue, and (3) *late Critical Reflections* will lose 10 points per each day overdue. **Requests for deadline extensions should be made in writing ahead of the due date**. All work must be completed for students to receive a passing grade. Please save a copy of all the work you submit.

**Plagiarism**(intellectual theft) is a very serious academic offense. You are responsible for reading and understanding the department handout on plagiarism, which is available on D2L and on the Anthropology Department web site at [www.pdx.edu/anthropology/sites/www.pdx.edu.anthropology/files/plagiarism.pdf](http://www.pdx.edu/anthropology/sites/www.pdx.edu.anthropology/files/plagiarism.pdf). Please ask me if you have any questions about this information. Any assignment containing plagiarized material will receive a failing grade, and cases of academic dishonesty will be reported to the Office of the Dean of Student Life.

**Grading**. If you would like to have the grade for an exam or assignment reconsidered, submit a written re-evaluation request in an email, at least 24 hours after the graded assignment was returned. This email should state why you think your grade should be reconsidered.

**Accommodations**

Access and Inclusion for Students with Disabilities. PSU values diversity and inclusion; we are committed to fostering mutual respect and full participation for all students. My goal is to create a learning environment that is equitable, useable, inclusive, and welcoming. If any aspects of instruction or course design result in barriers to your inclusion or learning, please notify me. The Disability Resource Center (DRC) provides reasonable accommodations for students who encounter barriers in the learning environment. If you have, or think you may have, a disability that may affect your work in this class and feel you need accommodations, contact the Disability Resource Center to schedule an appointment and initiate a conversation about reasonable accommodations. The DRC is located in 116 Smith Memorial Student Union, 503-725-4150, drc@pdx.edu, http://www.pdx.edu/drc.

If you already have accommodations, please contact me to make sure that I have received a faculty notification letter and discuss your accommodations. Students who need accommodations for tests and quizzes should schedule their tests to overlap with the time the class is taking the test.

Please be aware that the accessible tables or chairs in the room should remain available for students who find that standard classroom seating is not useable. For information about emergency preparedness, please go to the Fire and Life Safety webpage(http://www.pdx.edu/environmental-health-safety/fire-and-life-safety) for information.

**Title IX Reporting Obligations**

Portland State is committed to providing an environment free of all forms of prohibited discrimination and sexual harassment (sexual assault, domestic and dating violence, and gender or sex-based harassment and stalking). If you have experienced any form of gender or sex-based discrimination or harassment, know that help and support are available. PSU has staff members trained to support survivors in navigating campus life, accessing health and counseling services, providing academic and on-housing accommodations, helping with legal protective orders, and more. Information about PSU’s support services on campus, including confidential services and reporting options, can be found on PSU’s Sexual Misconduct Prevention and Response website at: http://www.pdx.edu/sexual-assault/get-help or you may call a confidential IPV Advocate at 503-725-5672.

Please be aware that all PSU faculty members and instructors are required to report information of an incident that may constitute prohibited discrimination, including sexual harassment and sexual violence. This means that if you tell me about a situation of sexual harassment or sexual violence that may have violated university policy or student code of conduct, I have to share the information with my supervisor or the University’s Title IX Coordinator or the Office of Affirmative Action. For more information about Title IX please complete the required student module Creating a Safe Campus in your D2L.

**Course Outline and Readings**

**Date Topic Readings Assignment/Activities**

**Setting the Stage: Culture, Health & Healing**

Week 1

9/25 Class Overview

9/27 Culture, Health & Healing Singer/Baer: Chapter 1

9/29 Medical Anthropology in Action Singer/Baer: Chapter 2

 Scheper-Hughes

**Unit 1. Health Narratives & Ethnomedicine**

Week 2

10/2 Talking About Illness Kleinman

10/4 **Guest Speaker: Dr, Heather Zwickey** Singer/Baer: Chapter 3

 **National University of Natural Medicine (NUNM)**

10/6 Film: Inside Ayurvedic Medicine  **PSA Topic**

Week 3

10/9 Ethnomedicine Singer/Bear: Chapter 4

 Film: The Shaman & His Apprentice

10/11 Ethnomedicine in Nepal Pigg **Online Research Exercise**

**Unit 2: Medical Pluralism**

10/13 Medical pluralism in the USSinger/Baer: Chapter 5

Week 4

10/16 **Guest Speaker:**

 **Elizabeth Pritchard, PSU Library**

10/18 Medical Pluralism in Tanzania Langwick

10/20 **Guest Speaker. Savita Rajurkar PSA Annotated**

 **National University of Natural Medicine (NUNM)**  **Bibliography**

Ayurveda in the United States

Week 5

10/23 Complementary and Alternative Shim

Therapies

10/25 Complementary and Alternative Therapies

10/27 **Exam 1** **Exam 1**

**Unit 3: The Political Economy of Health and Health Disparities**

Week 6

10/30 **Guest Speaker: Nicole Friedman** Singer/Baer: Chapter 6

 **Kaiser Permanente**

11/1 An Uneven Playing Field

 Film: Place Matters – Is Inequality Making Us Sick?

11/3 Global Health - HIV and Malaria The Pastoral Clinic, Intro & Chapter 1

Week 7

11/6 Food Systems

11/8 **Guest speaker: Jennifer Aengst**

 **Women’s Health and Contraception in India**

 The Pastoral Clinic, Chapters 2 and 3

11/10 **HOLIDAY**

Week 8

**Unit 4: Health Communities**

**1**1/13 Dispossession along the Rio Grande The Pastoral Clinic, Chapter 4

11/15 **Guest: Haven Wheelock, Outside/In** **PSA Storyboard/Script**

11/17 Healthy Communities Singer/Baer: Chapter 7

Week 9

11/20 **Guest Speaker: TBD** The Pastoral Clinic, Chapter 5-end

11/22 The Pastoral Clinic

11/24 **HOLIDAY**

**SATURDAY, 11/25 PSA Due –Uploaded**

 **to YouTube**

Week 10

11/27 Watch and discuss PSAs

11/29 Watch and discuss PSAs

12/1 **NO CLASS**

**Final’s Week**

**Exam 2: Thursday, December 8, 12:30-14:20, in our regular classroom.**

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| **Week** | **Day** | **Date** | **Month** | **Readings, assignments due** |
| **1** | M | 25 | Sept | Syllabus |
| W | 27 | Sept | Singer/Baer: Chapter 1 |
| F | 29 | Sept | Singer/Baer: Chapter 2;Scheper-Hughes |
| **2** | M | 2 | Oct | Kleinman |
| W | 4 | Oct | Singer/Baer: Ch. 3 |
| F | 6 | Oct | ***PSA Topic/Target Audience Due*** |
| **3** | M | 9 | Oct | Singer/Baer: Chapter. 4, ***Reflection 1*** |
| W | 11 | Oct | Pigg***Online Lit Exercise*** (completed by 12 noon) |
| F | 13 | Oct |  |
| **4** | M | 16 | Oct | Singer/Baer: Ch. 5 |
| W | 18 | Oct |  |
| F | 20 | Oct | Langwick***Annotated Bibliography***  |
| **5** | M | 23 | Oct | Shim, ***Reflection 2*** |
| W | 25 | Oct | Exam 1 Review |
| F | 27 | Oct | **Exam 1** |
| **6** | M | 30 | Nov | Singer/Baer: Ch. 6 |
| W | 1 | Nov |  |
| F | 3 | Nov | Pastoral Clinic: Introduction and Chapter 1 |
| **7** | M | 6 | Nov | ***Reflection 3 (Graphic Novel Format)*** |
| W | 8 | Nov | Pastoral Clinic: Chapters 2 and 3. |
| F | 10 | Nov | **HOLIDAY** |
| **8** | M | 13 | Nov | Pastoral Clinic: Chapter 4 |
| W | 15 | Nov | ***PSA Script/Storyboard Due*** |
| F | 17 | Nov | **Quiz 2**; Singer/Baer: Chapter 7 |
| **9** | M | 20 | Nov | Pastoral Clinic: Chapter 5 to end, ***Reflection 4*** |
| W | 22 | Nov |  |
| F | 24 | Nov | **HOLIDAY** |
| SAT | 25 | Nov  | ***PSA Due*** |
| **10** | M | 27 | Nov | PSA Viewing and Discussion |
| W | 29 | Nov | PSA Viewing and Discussion  |
| F | 1 | Dec | **NO CLASS** |
| **11** | TH | 7 | Dec | **Exam 2 (12:30 – 2:20 p.m.)** |